

ART - MACHÉ

Just add water for **INSTANT** papier - maché

It makes amazing models, is lots of fun and is really easy to use.

Almost anything you can think of can be made with Art Maché, it's strong, light and easy to work with. You can create masks, animals, puppets, jewellery, buildings, pretend food, vehicles, figures and decorations simply by using Art Maché to cover a basic shape and then decorating and painting it.

First read the basic techniques, then choose a small, simple model to make (e.g. vase, butterfly or mouse) and follow the specific instructions.

Basic Techniques

1) Mixing the Art Maché

You will need:

- a large bowl
- a measure (e.g. coffee mug or measuring jug)
- a spoon

Note: Art Maché is quite dusty and adults may prefer children to do the mixing under supervision.

- Gently tip 3 measures of powder and 1 measure of warm water into the bowl and stir well (3 coffee cups of powder and 1 cup of water will make enough Art Maché for 3 larger models or 9 smaller models).

Don't worry if you make too much. Just put the excess Art Maché into a polythene bag, make sure it is airtight and it will keep for 2-3 weeks.

If you don't make enough, you can always mix some more and add it to your model later on.

- Knead the mixture well for a few minutes.
- Leave to stand for about 1 hour whilst you make your basic shape and collect the other materials you may need:

- rolling pin
- plastic carrier bag
- a blunt knife or lollipop stick to smooth out the Art Maché
- scissors
- masking tape or Sellotape
- newspaper, plastic pots, cardboard tubes, cardboard boxes (whatever you need to make your basic shape)

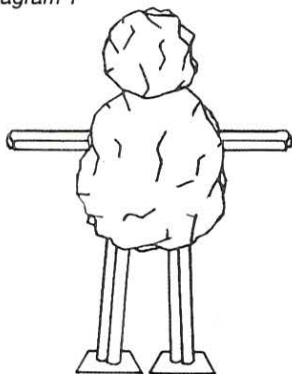


Models can be made from Art Maché alone, but this uses a lot of material and the models can take a long time to dry. It is better to cover a basic shape made from cardboard, plastic or paper with a layer of Art Maché about ½ cm thick. Alternatively use a bowl or container covered with cling film.

2) Making the basic shape

- Either:
 - screw up old newspaper
 - use cardboard boxes or tubes filled with newspaper
 - use a plastic bottle cut to size
 - use any type of bowl or ceramic dish covered with cling film. The object can be removed when the Art Maché is dry.
 - blow up a balloon ready to make a mask
- You will often need to stick several shapes together to make the final model, masking tape or Sellotape are ideal. e.g. a person might be made up from two balls of screwed up newspaper for the head and body, Artstraws for the arms and legs and 2 pieces of cardboard for the feet. (see Diagram 1)
- Always cover the basic shape with kitchen foil or cling film. It is then much easier to apply the Art Maché because the foil acts as a barrier between the wet Art Maché and the dry shape. It also allows you to easily remove the basic shape afterwards.
- When using a container always stuff it with newspaper to make it more rigid and always screw up newspaper tightly when using it as a former.

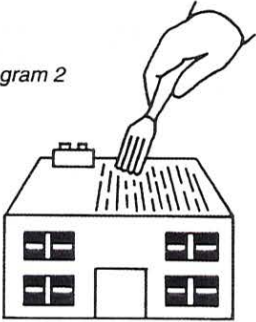
Diagram 1



3) Using Art Maché

- Knead the Art Maché mix again before using
- Cut 2 large pieces of plastic (a carrier bag cut in half will do). Lay one piece of plastic on the table, put the Art Maché mixture on top and the second piece of plastic on top of the Art Maché. Roll out the Art Maché until it is about ½ cm thick. Using the plastic makes it easier to roll out and keeps the rolling pin clean. The material will feel quite sticky at this stage.
- Lift off the top piece of plastic. Lay the basic shape e.g. screwed up ball of newspaper covered in foil for the body of a mouse, on the Art Maché and carefully mould the material around the shape.
- Using a pallet knife or blunt knife, press the mixture round the shape making sure that it is as smooth as possible. If you want a really smooth surface, use a wet knife.
- It is best to leave your model for about 1 hour before adding decorations or texturing.

Diagram 2



4) Decorating the Model

- Use wet fingers or a wet paintbrush to moisten the area where you wish to add more Art Maché or decorations.
- Use a fork, toothbrush or raised material etc. to create a textured surface: e.g. santa's beard, spikes on the hedgehog, roof of a house, grass. (see Diagram 2)
- Add extra Art Maché if you want to raise the surface, e.g. for a nose or windows.
- Make holes in the Art Maché using a pencil or a blunt knife to make eyes.
- Add other materials: e.g. Artstraws for hair, whiskers, tails and antennae. Seeds, lentils or beads to decorate vases.

5) How to dry the Model

- It is best to leave the model in a cool room away from direct heat. A big model could take some days to dry completely.
- If you do need it to dry quickly you could put it by a radiator or in an airing cupboard or even use a hair dryer but beware - it may crack.
- If a model should crack, just fill the crack with some more Art Maché.

6) Painting and finishing the Model

- Paint the model using poster or powder paints.
- If you are not happy with the shape of your model you can either add more material or rub parts down with sand paper.

Making Models

1. Mouse

Materials: newspaper / kitchen foil / Artstraws / 2 beads for eyes.

- Screw up newspaper or tissue paper into a tight ball in the shape of a body and snout.
- Cover with foil.
- Roll out the Art Maché and use it to cover the foil shape.
- Add extra Art Maché for the ears and nose, pinching them into shape.
- Leave for about 1 hour.
- Texture the mouse with an old toothbrush.
- Colour an Artstraw. Flatten it, curl it and push it in for the tail.
- Add thin strips of Artstraw or bristles off the toothbrush for whiskers.
- Push in two beads for the eyes or paint on eyes when the model is dry.
- Leave to dry.
- When the model is dry you can pull out the screwed up newspaper from underneath if you wish.,
- Paint the mouse.

2. Vase

Materials: ½ a plastic bottle / seeds or beads for decorations.

- Ask an adult to cut a plastic bottle in half. Use the bottom half for the vase and save the top part for another model.
- You do not need to cover the bottle with foil.
- Roll out some Art Maché and cover the bottle.
- Smooth it over the bottle and leave for 1 hour.
- Decorate the vase with beads or seeds, or simply leave it to dry out.
- Paint when completely dry.

N.B. By leaving the plastic bottle inside, your vase will be able to hold water and real flowers.

To protect the outside of the vase from getting wet it is best to varnish or glaze it. Use a polyurethane varnish or mix a few drops of water with P.V.A. glue. This will form a glaze.

3. Owl

Materials: ½ a plastic bottle / cardboard / Sellotape / toilet paper or tissue paper / Artstraws / kitchen foil.

- Cut out 2 cardboard wings and attach them to the bottle. (see Diagram 3)
- Stick some screwed up tissue paper or toilet paper behind the wings to make them thicker.
- Cover the whole model with foil and then with Art Maché.
- Leave for about 1 hour.
- Texture the owl using the tip of a plastic knife to make feather like marks. (see Diagram 4)
- Paint the Artstraws and make sure they are dry before pressing them on.
- Leave the owl to dry and then paint.

N.B. The Beak could be made by adding extra Art Maché and buttons could be used for the eyes.

4. Butterfly

Materials: cardboard / thick Artstraws / Sellotape / kitchen foil.

- Cut a butterfly shape out of the cardboard. (see Diagram 5)
- Cover 2 pieces of thick Artstraw with foil to make the body and stick it onto the wings.
- Cover the whole butterfly with foil and then with Art Maché.
- Leave for 1 hour and insert the Artstraws for the antennae.
- Leave to dry and then paint.

Diagram 3

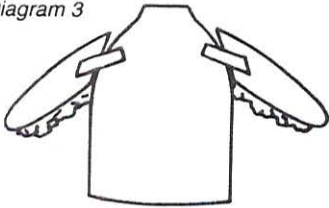


Diagram 4

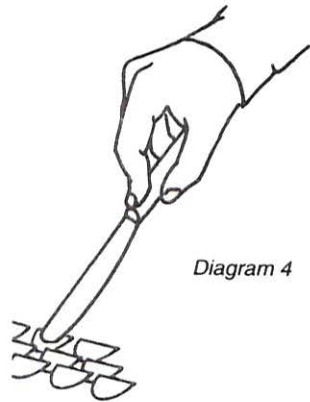


Diagram 5

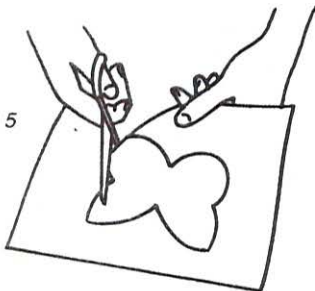


Diagram 6

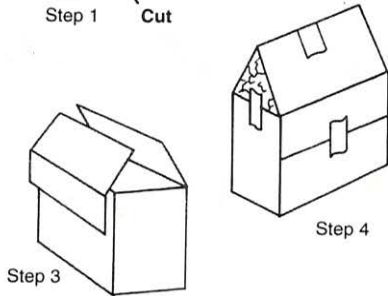
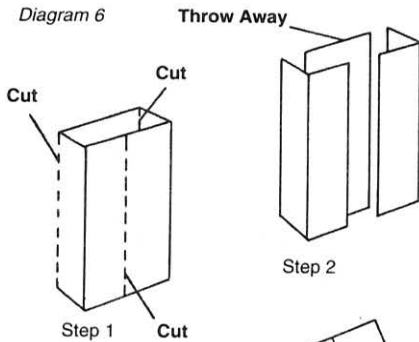
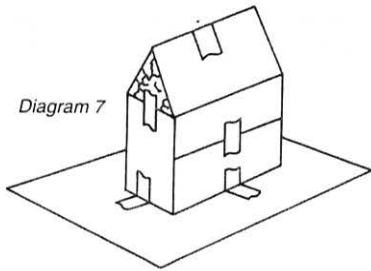


Diagram 7



5. Cottage

Materials: 2 variety cereal boxes / newspaper / piece of thick card / foil / Artstraws.

- Cut on of the variety boxes as shown, and tape to the other box to make a roof. (see Diagram 6)
 - Stuff them with newspaper or kitchen paper.
 - Tape the house onto the piece of thick cardboard. (see Diagram 7)
 - Cover all this with foil.
 - Cover with Art Maché, putting an extra amount on the top to make the chimney.
 - Leave for 1 hour
 - Texture the walls using a toothbrush and the roof with a fork.
 - Texture the base for grass or make lines for crazy paving.
 - Add windows or doors made from Artstraws or leave the cottage to dry and paint them on after.
- Artstraws make good drainpipes and don't forget you can add flowers and even a satellite dish.

6. People

Materials: newspaper or tissue paper / Artstraws / kitchen foil / card.

- Screw up 2 balls of newspaper or tissue paper for the head and body.
- Wrap some Artstraws in foil and attached to the body for arms and legs.
- Cut 2 feet from cardboard and stick them on last.
- Cover the figure with foil and then Art Maché.
- Leave for 1 hour.
- Texture the figure (e.g. beard or coat)
- Leave to dry and paint.
- Alternatively you can add material clothes for your figure.

7. Masks

Materials: balloon / pieces of card / kitchen foil / Artstraws / ping pong ball or bottle top.

- Blow up the balloon to the size of your mask.
- Cover the balloon with kitchen foil and then with Art Maché.
- Add extra Art Maché for the nose and ears.
- Leave for 1 hour.
- Make holes using your fingers for eyes, nose and mouth.
- Using the prong of a fork make a hole either side of the eyes near the edge of the mask so that you can thread a piece of elastic.
- Add coloured Artstraws for hair or alien markings.
- Leave to dry.

N.B. If the balloon bursts, pack the mask with newspaper to keep its shape. When dry the mask will peel away from the foil and balloon or you can simply burst the balloon.

- Paint the mask and add the piece of elastic.

8. Bus

Materials: variety cereal box or larger cardboard carton/ extra card to make the bonnet / Artstraws / Kitchen foil.

- Make the bus shape using a cardboard carton with extra card stuck on the front for the bonnet. (see Diagram 8).
- Make sure the boxes are stuffed with newspaper.
- Cover the shape with foil and then with Art Maché.
- Smooth out the Art Maché using a blunt knife.
- Leave to dry.
- Paint.
- Make wheels for the bus using Artstraws:
 - cut a piece of thick straw slightly longer than the width of the bus and glue it across the front end of the bus for the front axle.
 - flatten another thick straw and wind it up around a pencil so that there is a hole in the centre large enough for a thin straw to fit in. Glue down the end. (see Diagram 9)
- Make 2 of these wheels.
- Cut a thin straw about 2.5cm longer than the piece of thick straw stuck onto the bus.
- Glue one wheel onto one end of the thin straw and allow to dry.
- Push the thin straw through the thick straw axle. (see Diagram 10)
- Glue on the second wheel to the end of the thin straw.
- Repeat all the above to make the back axle and wheels.

N.B. Cars and lorries can be made in the same way

9. Fruit Cakes, Food

- Make the basic shape from cardboard or cereal boxes.
- Cover with foil then with Art Maché and leave to dry.
- Paint

Other Animals made from Art Maché

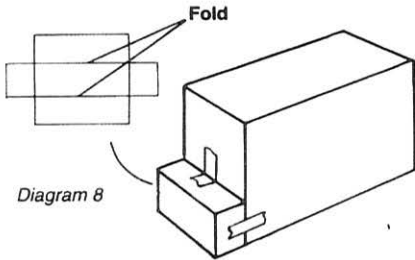


Diagram 8

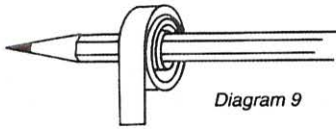


Diagram 9

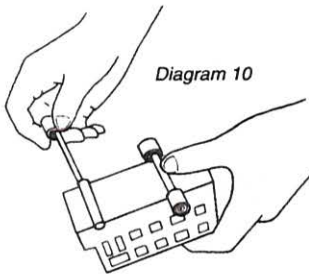
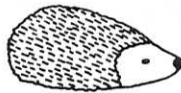


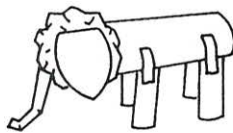
Diagram 10



Basic Shape



Finished Model



Basic Shape



Finished Model

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